



# Sunscreen & Preventive Lotion Permission



Dear Parents,

Children are highly susceptible to harmful UV radiation, since 80% of lifetime sun exposure occurs before the age of 18. Just one or two blistering sunburns in childhood may double the risk of developing melanoma (skin cancer). This is especially true at the high altitude of our community. Teaching children about sun safety is the key to reducing the risk of future health problems.

Tenderfoot's teachers will do their part to help reduce your child's sun exposure. We will limit exposure during the sun's peak hours (10 AM - 4 PM), seek shade, limit exposure to reflective surfaces (snow and water), and cover children with the loose fitting clothes, hats, and sunglasses you will provide.

With your permission we will also apply sunscreen to children 6 months of age or older at least 30 minutes before going outside. Please provide a bottle of SPF 30+ sunscreen for your child's class.

With your permission Tenderfoot's teachers may also apply moisturizing lotion, lip balm, and diaper creams as needed to prevent your child's skin from drying or chapping with frequent hand washing, outside play, and diaper changing.

***Please check one of the statements below:***

- I give my permission for the staff of Tenderfoot Child and Family Development Center to apply sunscreen, preventative moisturizing lotion, lip balm, or diaper cream on my child.

**OR**

- I choose not to have the staff of Tenderfoot Child and Family Development Center apply sunscreen, preventative moisturizing lotion, lip balm, or diaper cream on my child. I am aware of the risks to my child's skin and health that sun exposure involves.

Child's Name \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

***A written authorization from a health care provider is necessary for sunscreen application on babies less than 6 months of age. This signature will serve as the written authorization.***

Physician's Name \_\_\_\_\_

Physician's Signature \_\_\_\_\_

Date \_\_\_\_\_